

*****IMPORTANT*****

PLEASE READ THE FOLLOWING – IT WILL HELP YOU DETERMINE THE DIFFERENCE BETWEEN
A SCREENING COLONOSCOPY (vs) DIAGNOSTIC COLONOSCOPY

Insurance providers have very specific criteria for both types of colonoscopies. It is advantageous for you to call Member Services and inquiry about your benefits. When you speak with member services there are two “specific” questions you NEED TO ASK:

- 1) What are my benefits for a “SCREENING” colonoscopy
- 2) What are my benefits for a “DIAGNOSTIC” colonoscopy

Here are some factors that influence whether your procedure will be billed to your insurance as a screening or diagnostic colonoscopy:

**** SCREENING COLONOSCOPY CRITERIA: ****

- ***NO family history** of colon cancer or colon polyps (some insurance providers consider this high risk for colon cancer)
- ***NO personal history** of colon cancer or polyps
- ***NO symptoms BEFORE** the procedure (abdominal cramping, blood in the stool, weight loss, anemia, vomiting)

**** DIAGNOSTIC COLONOSCOPY CRITERIA: ****

- ***Family history** of colon cancer or polyps (some insurance providers consider this high risk for colon cancer)
- ***Personal history** of colon cancer or polyps
- ***Symptoms ARE PRESENT** before the procedure (abdominal cramping, blood in the stool, weight loss, anemia, vomiting)
- ***And if previous colonoscopy(ies)** had findings of polyps, colon cancer, family history colon cancer and or polyps, etc.

If you are scheduled for a **screening colonoscopy** and the physician finds **NO** problems at the time of the procedure, then it will remain a **SCREENING colonoscopy**.

If you are scheduled for a **screening colonoscopy** and the physician finds **any type of problem** at the **time of procedure** then it becomes a **DIAGNOSTIC colonoscopy**, it is **NO LONGER** considered screening. Unfortunately there is no way to know this prior to the colonoscopy being performed.

*****SOME INSURANCES PAY 100% FOR A SCREENING COLONOSCOPY; SOME DO NOT*****
IF YOUR INSURANCE DOES NOT PAY 100% FOR YOUR PROCEDURE:

THE PROCEDURE IS SUBJECT TO DEDUCTIBLE AND OUT OF POCKET EXPENSES
IF APPLICABLE TO YOUR INSURANCE

These are just guidelines and benefits may vary.
Only your insurance provider can explain your individual benefits to you.
We advise you to call your insurance carrier for your specific benefits

Thank you for choosing Kansas Surgical Consultants for your procedure or surgical needs. We want you to be as informed as possible regarding fees/charges associated with your procedure. Please check with your insurance company to see if you require a referral or prior authorization (precertification) for any testing, procedure or surgical services received by our physicians.

Any and all fees and/or payment arrangements discussed with KSC apply only to Kansas Surgical Consultants physician services only. Other additional charges that you will incur are from the facility where the procedure/surgery is performed.

THESE FEES MAY INCLUDE:

- ***Facility stay charges
- ***Anesthesia charges
- ***Laboratory, X-ray or pathology charges

We encourage you to contact the facility where your services will be provided to discuss their fees
Our office is NOT able to provide those fees for you.

Following is a list of facility with associated phone numbers:

- ***Wesley Medical Center 316-962-2000
- ***Cypress Surgery Center 316-634-0404
- ***Surgicare 316-685-2207
- ***Kansas Surgery & Recovery Center 316-634-0090

Again, thank you for choosing Kansas Surgical Consultants for your procedure or surgical needs.



KANSAS SURGICAL CONSULTANTS, LLP

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R. Joe. Sliter, *M.D.* | David L. Acuna, *D.O., F.A.C.O.S.*
Emeritus: John L. Kiser *M.D. (1967-2007)* | Paul B. Harrison *M.D., F.A.C.S. (1978-2016)*

2 WEEK MEDICATION GUIDE PRIOR TO YOUR COLONOSCOPY

2 WEEKS PRIOR:

- **Discontinue** Fish oil, Omega 3, Vitamin E, Chondroitin, Glucosamine, Dong quai, Saw Palmetto, Ephedra, Valerian, Licorice, St. John's Wart, Ginkgo Biloba, Kava, Ketorolac, and Garlic supplements, Ginger, Ginseng and Feverfew.
- **Discontinue** injections for diabetes or weight loss, including the following: Ozempic, Trulicity, Bydureon, Mounjaro, Saxenda, Victoza, Adlyxin, Rybelsus, Byetta, Wygovy. If used for diabetic purposes, please contact your PCP for alternate interim management. Please call the office if you are unsure if you need to discontinue your injections.
- **Discontinue** weight loss management pills such as Phentermine and Hydroxycut. These include prescriptions medications and over the counter supplements.

1 WEEK PRIOR:

- **Discontinue Aspirin and Aspirin products** (including baby aspirin, Excedrin, St. Joseph's aspirins and Bayer). **You may continue to take Tylenol, Advil, Aleve and Ibuprofen.**

1 DAY PRIOR:

- **Discontinue Oral Diabetes medications:** ex. Any medication containing Metformin such as Fortamet, Glucophage, Acarbose, Pioglitazone, Actos, Rosiglitazone, Avandia, Glyburide, Diabeta, Glimeperide, Glipizide, Glucotrol. None of these the morning of the test. You may resume after the study is completed.

DAY OF THE TEST:

- **Continue to take the following medications with a sip of water:**
Blood pressure, Thyroid, Heart, Heartburn medications, Inhalers, Seizure medications and Parkinson's medications. If you are scheduled at Wesley Medical Center and attended the Preop Testing appointment please follow their medication instructions.

BLOOD THINNERS such as:

- Coumadin, Warfarin, Clopidogrel, Plavix, Pradaxa, Dabigatran, Effient, Eliquis, Apixaban, Xarelto, Rivaroxaban, Jantoven, Arixta, Fondaparinux, Savaysa, Edoxaban, Bevyxxa, Betrixaban, Angiomax, Bivalirudin, Iprivask, Desirudin, Refludan and Lepirudin. We will be contacting your cardiologist or prescriber asking for their approval to discontinue the blood thinners prior to the test. Once we have their approval and/or recommendation you will be informed either by phone or per mailed instructions when to stop the medicines before the test.



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RESCHEDULE OR CANCELLATION POLICY

It is important that when you schedule your surgery/procedure you have thoroughly checked your personal calendar to make sure that your scheduled date is ideal for you. A cancellation or reschedule of your procedure requires multiple phone calls be made. The facility, your physician and insurance companies all need notification when changes are made. We understand that situations arise that could force you to reschedule, cancel or postpone your procedure. We just ask that you give as much as advance time as possible when you know a change is inevitable. We can be reached at 316-685-6222 between the hours of 8:30 a.m. through 5:00 p.m. All cancellations and reschedules need to go through Kansas Surgical Consultants. If you call the facility to cancel they will ask you call your physician's office phone number to speak with a scheduler. They will not cancel the test until someone from Kansas Surgical Consultants has informed them of the cancellation request.

Kansas Surgical Consultants will reschedule a surgery/procedure one time at no additional charge. Beyond that there will be a \$50 charge each time a surgery/procedure is rescheduled. This fee will not be applied toward the procedure and will be added as a charge to your account. It will not be billed to your insurance policy. This \$50 fee must be paid prior to our rescheduling your appointment.

NO SHOW POLICY:

If you do not show up for your scheduled procedure/surgery you will be charged a \$50 fee and may not be rescheduled at our discretion. Please note that a call to Kansas Surgical Consultants or the facility the morning of the procedure is considered to be a NO SHOW.

We appreciate your understanding of the above stated policy and thank you for your cooperation.



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MIRALAX AND DULCOLAX BOWEL PREP INSTRUCTIONS

A bowel prep is done to clear the bowel of all solid matter. Its purpose is to prepare the bowel for surgery or a procedure. Please follow these instructions. Begin the bowel prep the day before your scheduled procedure.

TO PREPARE:

- The following are the items you will need for the colon prep. They can be found at your local store in the laxative section. These are NOT a prescription. Walmart, Walgreens, Target and Dillon's all carry these medications. **GENERIC BRANDS ARE FINE.**
- MIRALAX, (1) 8.3 ounce bottle
- DULCOLAX (LAXATIVE) (4) tablets
- You will need one large 64 ounce bottle (or two 32 ounce bottles) of a sports drink such as Gatorade OR choose from the clear liquids listed below. This will be used to mix with the Miralax the day prior to the study. You may drink carbonated beverages the day prior but **DO NOT MIX WITH THE MIRALAX.**

1 DAY PRIOR TO TEST:

Starting when you wake up. Drink only clear liquids. Avoid all red or purple colored liquids. Do not eat any solid foods. No dairy, milk products until the test is done.

CLEAR LIQUIDS:

- Water, Vitamin Water, Propel, Flavored Water, Strained fruit juices (no pulp) such as Apple Juice, White Grape Juice, Orange Drink, Popsicles, Ice, Soft drinks, Gatorade, PowerAde, Clear broth or bouillon (vegetable, beef or chicken), Jell-O, Kool Aid, Crystal Light, Coffee or tea (no milk or creamer).

Follow the schedule outlined below for your bowel prep. You may need to get to the toilet right away. You may have many bowel movements throughout the afternoon and evening. They will become watery. The bowels are clear or clean when there is only pale yellow fluid without any flecks of stool.

12:00 P.M.

- Take 4 Dulcolax tablets with a drink of clear liquids.
- Mix the Miralax in the Gatorade or clear liquid of choice. The entire 8.3 ounce bottle of Miralax is to be mixed with a total amount of 64 ounces of clear liquid. Miralax may be stirred or shaken to help dissolve the powder. Most people prefer to drink the Miralax mixture chilled so you may want to place it in the refrigerator.

3:00 P.M.

- Start drinking the Miralax solution. Drink an 8 ounce glass every 20 to 30 minutes. Be sure to finish the entire amount. If you prefer to drink it slower you may. Just try to drink the 64 ounces in less than five hours.
- Continue the clear liquids until midnight OR 8 hours prior to the colonoscopy time. You may not feel like drinking more but it is beneficial to keep you from being dehydrated. **NOTHING AFTER MIDNIGHT OR 8 HOURS PRIOR TO THE TEST, this includes water.** You may shower and brush your teeth the morning of the test.

THE MORNING OF THE COLONOSCOPY:

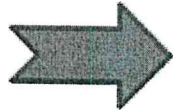
- Enclosed you will find the brochure for the facility the test is scheduled to be done. It will provide the date of the test. If scheduled at Cypress Surgery Center the staff will contact you one to two business days prior with the check in time. All other facilities will have the check in time noted on their brochures.
- You will need to have someone with you to drive you home after your procedure and stay with you 24 hours afterward. You are given medication during the test and you are asleep. Because of this it is illegal for you to drive yourself home. All facilities require a responsible adult be present when you check in, remain during procedure and drive you home afterwards. For this reason taxis, Ubers and buses are not acceptable.

For coupon go to: <http://www.Dulocolax.com>

YOU WILL NEED TO PURCHASE:

DULCOLAX "LAXATIVE" TABLETS/"GENERIC" IS FINE

You'll need 4
tablets total



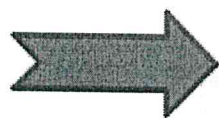
DO NOT PURCHASE: Stool softener or Suppositories

For coupon go to: <http://www.Miralax.com>

YOU WILL NEED TO PURCHASE:

8.3 OZ. SIZE BOTTLE – 14 DOSES/"GENERIC" IS FINE

ENTIRE BOTTLE
TO BE TAKEN



Disclosure of Ownership Information

The following physicians have minority ownership in
Surgicare of Wichita:

William A. Waswick, MD, FACS
Scott Porter, MD, FACS
Diane L.S. Hunt, MD, FACS

The following physicians have minority ownership in
Cypress Surgery Center:

William A. Waswick, MD, FACS
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Diane L.S. Hunt, MD, FACS
Christina M. Nicholas, MD, FACS
Andrew S. Hentzen, MD, FACS

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